

Age Group Results

July 20, 2013

5k

Female 13 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Caitlin Covington	Perham	13	178	12	22:54.2	7:23/M
2 *	Tessa Thurlow	Fargo	9	56	39	27:41.5	8:56/M
3 *	Ella Windel	Saint Michael	12	94	57	31:17.3	10:05/M
4	Emma Erickson	Fertile	9	183	84	42:59.0	13:52/M
5	Dawson Gniffke	Dent	13	14	92	53:50.4	17:22/M

Female 14 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Emma Sweere	Perham	17	167	20	24:27.8	7:53/M
2 *	Olivia Nelson	Perham	16	164	24	25:57.0	8:22/M
3 *	Rylee Kloon	Cottonwood	14	176	29	26:28.8	8:32/M
4	Jessica Drake	Richville	14	184	37	27:09.7	8:45/M
5	Kiah Love-Latzke	Battle Lake	17	30	42	28:17.7	9:07/M
6	Michelle Xu	Battle Lake	17	31	43	28:19.6	9:08/M
7	Rayna Jacobson	Frazee	19	196	50	28:40.4	9:15/M
8	Ashley Bond	Minneapolis	19	197	51	28:59.3	9:21/M
9	Emily Roggenkamp	Bluffton	19	129	59	31:26.5	10:08/M
10	Jada Halbakken	Perham	14	149	62	31:56.4	10:18/M
11	Cassie Brown	Minneapolis	16	177	89	52:02.1	16:47/M
12	Kendell Hayes	Anoka	16	11	90	52:02.2	16:47/M
DNF	Kandra Aho	Taylor	14	7			

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lacey Stoll	Frazee	25	29	23	25:28.8	8:13/M
2 *	Amanda Nelson	Barnesville	27	88	28	26:17.5	8:29/M
3 *	Nicole Mursu	New York Mills	24	102	45	28:22.7	9:09/M
4	Melissa Saukkol	Taylor	24	107	46	28:24.8	9:10/M
5	Brittany Johnson	Perham	28	143	48	28:27.1	9:11/M
6	Lacey Hoffmann	Moorhead	28	45	72	36:31.7	11:47/M
7	Ciara Crumbaker	Oregon	27	115	73	36:51.4	11:53/M
8	Jamie Miller	Fargo	27	134	88	47:58.7	15:28/M
DNF	Jenna Ledoux	Fargo	26	70			

Perham Harrier Half Marathon & 5k

Race DateAge Group Results

July 20, 2013

5k

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Heather Sletmoen	Detroit Lakes	39	180	27	26:10.6	8:26/M
2 *	Laura Owen	Fargo	32	168	31	26:43.5	8:37/M
3 *	Katrina Aho	New York Mills	34	59	40	27:54.7	9:00/M
4	Kristin Rudnick	Fargo	34	148	44	28:22.4	9:09/M
5	Molly Costin	Wadena	31	130	55	30:48.2	9:56/M
6	Amy Monson	Breckenridge	33	39	64	32:22.7	10:26/M
7	Elizabeth Belflower	Frazee	34	174	65	32:22.8	10:26/M
8	Riika Gropper	Richmond	37	9	66	33:00.0	10:39/M
9	Chanda Chapman	Perham	37	65	68	33:22.6	10:46/M
10	Laura Paurus	Perham	34	64	69	33:22.9	10:46/M
11	Laura Nyhus	Perham	34	194	70	33:23.5	10:46/M
12	Carrie Athmann	Dent	36	13	75	38:29.8	12:25/M
DNF	Barbie Porter	Frazee	36	135			

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joan Baltezure	West Fargo	46	162	32	26:44.6	8:37/M
2 *	Heidi Kloon	Cottonwood	42	175	41	27:56.2	9:01/M
3 *	Amy Drake	Richville	44	185	54	29:56.1	9:39/M
4	Miriam Aho	Greer	42	38	56	30:51.4	9:57/M
5	Wendy Long	Orr	40	12	71	34:26.3	11:06/M
6	Tamara Langen	Perham	44	152	76	38:38.4	12:28/M
7	Bernadine Mendenhall	Oregon	49	117	80	42:01.4	13:33/M
8	Sheila Behnke	Andover	45	15	91	53:50.0	17:22/M
9	Melissa Hayes	Anoka	44	10	93	53:50.9	17:22/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lori Hendrickx	Ottertail	53	52	33	26:49.7	8:39/M
2 *	Debbie Walter	Osakis	51	201	53	29:06.0	9:23/M
3 *	Marty Kapaun	Casselton	56	127	63	31:57.2	10:18/M
4	Joan Fudge	Perham	55	200	67	33:21.0	10:45/M
5	Barb Owen	Luverne	57	63	82	42:02.0	13:34/M
6	Monica McCartney	Casselton	51	16	85	43:47.0	14:07/M
7	Sue Winterfeldt	Perham	51	142	86	46:44.0	15:05/M

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Joyce Rohrich	Battle Lake	64	42	38	27:28.4	8:52/M
2 *	Jill Miller	Fargo	61	133	87	47:58.1	15:28/M

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5k

Male 13 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Vincent Benesh	Winger	13	182	3	21:00.5	6:46/M
2 *	Jack Carlson	Fargo	11	119	7	21:15.3	6:51/M
3 *	Titus Seland	Fergus Falls	12	20	14	23:23.0	7:33/M
4	Ben Hume	Mahnomen	13	158	18	23:46.5	7:40/M
5	Colton Ditterich	Vergas	12	23	60	31:41.7	10:13/M
6	Eagan Long	Orr	9	173	61	31:48.2	10:15/M
DNF	Hayden Kjelskus	New York Mills	12	34			

Male 14 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Isaac Overmyer	Park Rapids	16	91	1	18:06.5	5:50/M
2 *	Jake Waggoner	Park Rapids	18	84	2	19:32.6	6:18/M
3 *	Hunter Kjelskus	New York Mills	14	33	4	21:03.2	6:47/M
4	Reggie Carlson	Park Rapids	17	90	5	21:07.3	6:49/M
5	Adam Siira	Battle Lake	14	79	6	21:11.7	6:50/M
6	Nathan Coleman	Dent	15	186	8	21:17.2	6:52/M
7	Nick Listrom	Perham	14	114	9	21:21.7	6:53/M
8	Chase Leitz	Perham	14	171	10	21:34.6	6:57/M
9	Hunter Ditterich	Vergas	14	24	11	22:46.2	7:21/M
10	Matthew Siira	Battle Lake	16	78	22	25:24.4	8:12/M
11	Michael Beach		15	170	36	26:59.5	8:42/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Tim Graff	Perham	30	111	15	23:30.5	7:35/M
2 *	Zach Fjestad	Fergus Falls	31	125	34	26:55.1	8:41/M
3 *	Lucas Draxten	Fergus Falls	31	113	35	26:55.8	8:41/M
4	Paxton Crumbaker	Oregon	33	123	74	36:51.5	11:53/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jeff Dostal	Fargo	46	189	19	23:52.0	7:42/M
2 *	Chad Sletmoen	Detroit Lakes	40	179	25	26:01.1	8:24/M
3 *	Bruce Aho	Taylors	44	8	30	26:37.3	8:35/M
4	Shad Thurlow	Fargo	41	57	47	28:26.5	9:10/M
5	Richard Logan	Stillwater	49	86	49	28:34.8	9:13/M
6	Gregory Larsen	Chanhausen	47	105	58	31:25.4	10:08/M

Age Group Results

5k

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dan Bellefeuille	Waubun	59	89	13	23:10.0	7:28/M
2 *	Micheal Stahn	Morris	51	73	16	23:35.8	7:36/M
3 *	Mark Halbakken	Perham	50	150	26	26:09.4	8:26/M
4	Janet Maesse	Ulen	51	202	78	39:00.1	12:35/M
5	Rich Mendenhall	Oregon	52	124	79	40:05.0	12:56/M
DNF	Jeff Ledoux	Fargo	54	69			
DNF	Donald Pockrandt	Saint Paul	51	131			

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jerry Huebsch	Perham	64	128	17	23:38.7	7:37/M
2 *	Carroll Rohrich	Battle Lake	62	41	52	29:04.0	9:23/M

Male 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Ohlde	Dent	72	116	21	25:02.4	8:05/M
2	Bill Bauck	Perham	82	53	77	38:41.0	12:29/M
3	Gunner Windel	New York Mills	71	138	81	42:01.9	13:33/M
4	Arthur Johnson	Ottertail	79	139	83	42:27.3	13:42/M

Age Group Results**Half Marathon****Female 14 to 19**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sydney Karels	Perham	15	172	44	1:50:16.7	8:25/M
2 *	Brynnan Covington	Perham	14	100	45	1:50:16.8	8:25/M
3 *	Lizzie Fudge	Perham	17	153	49	1:52:01.0	8:33/M
4	Reilly Seland	Fergus Falls	18	21	90	2:23:39.5	10:58/M
5	Stacy Mellenbruch	Saint Paul	19	50	93	2:35:25.5	11:52/M

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Maddie McClellan	Fargo	21	195	7	1:22:41.2	6:19/M
2 *	Courtney Justin	Chicago	28	165	52	1:54:09.0	8:43/M
3 *	Alissa Lepp	Perham	27	47	53	1:54:46.0	8:46/M
4	Jayne Woodard	Perham	29	118	56	1:55:42.1	8:50/M
5	Shauna Pinoniemi	Delano	21	80	71	2:01:32.5	9:17/M
6	Amanda Van Sickle	Fargo	28	75	77	2:05:12.8	9:33/M
7	Alyssa Stuehrenberg	Breckenridge	24	43	81	2:09:24.2	9:53/M
8	Andrea Tumberg	New York Mills	26	77	83	2:11:40.8	10:03/M
9	Sarah Platzer	Saint Paul	26	109	94	2:37:15.4	12:00/M
10	Jaime Haueter	Saint Paul	27	83	95	2:37:30.9	12:01/M
11	Elizabeth Zilverberg		20	146	97	2:39:54.5	12:12/M
12	Aimee Mellenbruch	Minneapolis	20	46	99	2:53:32.7	13:15/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kaley Steidl	Fargo	35	96	24	1:39:15.6	7:35/M
2 *	Aaron Danuser	Fargo	39	188	36	1:44:53.8	8:00/M
3 *	Sarah Simpson	Brainerd	39	22	42	1:49:03.2	8:19/M
4	Christina Lysen	Sartell	34	76	47	1:51:02.8	8:29/M
5	Kim Draxten	Fergus Falls	32	137	55	1:55:09.6	8:47/M
6	Angie Fudge	Perham	37	154	66	2:00:45.1	9:13/M
7	Aarica Larson	Albertville	34	155	70	2:01:27.6	9:16/M
8	Chantal Faul	Fargo	30	25	75	2:03:26.2	9:25/M
9	Sara Hanson	Perham	33	141	78	2:06:43.8	9:40/M
10	Kjersten Hunt	New York Mills	34	199	79	2:06:43.8	9:40/M
11	Trisha Grover	Bagley	37	48	84	2:12:58.6	10:09/M
12	Amber Hoehne	Frazee	36	187	85	2:13:20.5	10:11/M
13	Elizabeth Briggs	Saint Michael	34	27	91	2:28:56.7	11:22/M
14	Judy Eriksson	Fargo	39	1	92	2:31:43.7	11:35/M

Age Group Results**Half Marathon**

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lynn Wolters	Fergus Falls	47	122	25	1:39:34.0	7:36/M
2 *	Stacy Ludwig	Spencer	42	4	26	1:39:39.9	7:36/M
3 *	Elizabeth Klintworth	Henning	47	103	30	1:41:31.8	7:45/M
4	Raenna Covington	Perham	44	99	43	1:49:46.2	8:23/M
5	Jody Martinson	Perham	41	5	60	1:57:37.1	8:59/M
6	Jonalyn Lippka	Henning	46	17	63	2:00:10.2	9:10/M
7	Rachel Davis	Minneapolis	46	190	67	2:00:48.7	9:13/M
8	Judy Logan	Stillwater	49	85	86	2:19:21.6	10:38/M
DNF	Lisa Mangelsdorf	Brainerd	44	6			

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Anne Blackhurst	Moorhead	52	110	69	2:01:12.1	9:15/M
2 *	Kathy Love-Latzke	Battle Lake	54	32	88	2:19:55.3	10:41/M
3 *	Mary T Miles	Saint Paul	50	61	89	2:21:49.3	10:50/M
4	Debbie Zilverberg		51	145	96	2:39:54.3	12:12/M
5	Ruth Young	Saint Paul	50	3	101	3:12:51.2	14:43/M

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Therese Vogel	Felton	60	55	50	1:52:41.0	8:36/M
2 *	Jan Schmitz	Vergas	64	54	87	2:19:48.2	10:40/M
3 *	Kathy Piel	Vergas	61	36	100	2:55:56.6	13:26/M

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Half Marathon**Male 14 to 19**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Brady Speicher	Perham	18	121	1	1:18:30.2	6:00/M
2 *	Benjamin Sullivan	Perham	17	71	2	1:19:19.1	6:03/M
3 *	Darin Baltezare	West Fargo	19	49	3	1:19:27.1	6:04/M
4	Keeghan Hurley	Dent	17	136	4	1:19:27.3	6:04/M
5	Jayden Cullen	Perham	17	156	8	1:25:48.5	6:33/M
6	Kanyon Edvall	Perham	16	203	16	1:36:16.7	7:21/M
7	Billy Beseman	Perham	16	66	17	1:36:21.6	7:21/M
8	Chris Knutson	Perham	17	163	18	1:36:59.6	7:24/M
9	Tanner Manson	Dent	17	198	22	1:39:00.2	7:33/M
10	Stephen Strusz	Bowlus	18	35	28	1:40:38.0	7:41/M
11	Logan Larsen	Chanhassen	15	106	58	1:57:01.7	8:56/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dahms Derek	Perham	29	151	13	1:33:27.1	7:08/M
2 *	Rick Carlson	Minneapolis	29	169	27	1:40:29.1	7:40/M
3 *	Matthew Olson	Minneapolis	28	26	54	1:55:02.1	8:47/M
4	Ross Randall	Bemidji	27	120	61	1:57:45.1	8:59/M
5	Lucas Danuser	Fargo	29	192	74	2:03:24.6	9:25/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kent Orvik		32	159	5	1:21:04.2	6:11/M
2 *	Jeremy Peterson	Detroit Lakes	35	108	9	1:26:53.0	6:38/M
3 *	Jon Danuser	Fargo	34	191	10	1:28:53.4	6:47/M
4	Jarrold Danuser	Fargo	34	193	11	1:28:57.0	6:47/M
5	Brent Hanson	Perham	32	67	12	1:33:05.4	7:06/M
6	Joshua Tysver	Battle Lake	34	112	20	1:38:20.6	7:30/M
7	Jamie Steidl	Fargo	34	97	23	1:39:15.5	7:35/M
8	Glen Simon	Fergus Falls	32	51	33	1:43:23.9	7:54/M
9	Eskunder Boyd	Fargo	38	58	34	1:44:27.5	7:58/M
10	Bryan Johnson	Fosston	30	157	73	2:03:20.0	9:25/M

Age Group Results**Half Marathon****Male 40 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Troy Ivesdal	Fargo	41	98	6	1:21:16.0	6:12/M
2 *	Trevor Windel	Saint Michael	41	68	14	1:34:34.4	7:13/M
3 *	Wade Swenson	Fergus Falls	40	72	29	1:41:17.8	7:44/M
4	Boe Carlson	Minnetonka	40	93	41	1:46:51.6	8:09/M
5	Tim Borchers	Moorhead	43	82	46	1:51:02.4	8:29/M
6	Robert Bauck	Minneapolis	42	147	59	1:57:01.8	8:56/M
7	Bryan Smithee	Hutchinson	49	44	62	1:58:06.4	9:01/M
8	Dean Hjelden	West Fargo	47	104	64	2:00:17.9	9:11/M
9	Dan Pforr	Fargo	41	81	65	2:00:18.0	9:11/M
10	Ty Goschen	Fargo	45	87	68	2:01:12.0	9:15/M
11	Michael Schill	Saint Paul	49	2	98	2:51:29.6	13:05/M

Male Age 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Michael Keuhn	Esko	50	126	15	1:35:59.5	7:20/M
2 *	Jon Owen	Luverne	57	62	19	1:38:08.0	7:29/M
3 *	Steve Swanson	Fergus Falls	56	140	32	1:41:49.8	7:46/M
4	John Fick	Marine On Saint Croi	54	181	35	1:44:28.8	7:58/M
5	Lee Hoedl	Fargo	50	40	38	1:45:39.7	8:04/M
6	Scott R Miles	Saint Paul	50	60	40	1:46:13.2	8:06/M
7	Dan Buchin	Perham	55	161	48	1:51:10.8	8:29/M
8	Brad Hill	Cohasset	57	18	51	1:53:30.7	8:40/M
9	Custer Huseby	Fargo	55	160	57	1:56:07.3	8:52/M
10	Greg Zilverberg	Minnetonka	58	144	76	2:04:45.8	9:31/M

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dale Summers	Fargo	69	95	21	1:38:39.5	7:32/M
2 *	Mark Pavicic	Fargo	61	132	31	1:41:41.9	7:46/M
3 *	Mick Justin	Nisswa	65	166	37	1:45:17.1	8:02/M
4	Timothy Piel	Vergas	60	37	39	1:45:40.3	8:04/M
5	Larry Benke	Jamestown	60	101	80	2:09:06.6	9:51/M
6	David Green	Fargo	60	28	82	2:11:31.8	10:02/M
DNF	Bob Kovell	Saint Cloud	60	19			
DNF	Graig Gilbertson	Bemidji	64	74			

Perham Harrier Half Marathon & 5k

Race Date

Age Group Results

Half Marathon

July 20, 2013

Male 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jim Lee	Dent	72	92	72	2:02:09.1	9:19/M